



Beta Delta News

The Delta Kappa Gamma Society International
 Region VII, Eta State,
 North Carolina, Beta Delta Chapter, Greensboro, NC

Voices of Influence Empowering North Carolina Educators "Let's Sparkle!"

IN THIS ISSUE

President's Message

Dear Sisters,
 Every time I start out to Kentucky, history and memories flood my brain. This past October, I had a wonderful two weeks visiting family and friends, reading, and resting. Every time I start out to drive there or to drive back, I begin to wonder if I will be able to drive the whole way, 525 miles. I was able to do it again. But half way there my car's dash gave me the message that I needed to have my tires rotated and my oil changed, an unexpected and unwanted notification. Nothing to do but to keep on "going along and singing my song!" I travel on 40 West until I reach Nashville, Tennessee, where I go across town on the Briley Parkway North, pass by Opryland, and then exit onto Interstate 24 West. I had prayed to be able to get on 24 while it was still light. I did get that done and exited I 24 on 431 North. As I rolled into Logan County, Kentucky, that just had celebrated its 225th anniversary, I passed the field where Andrew Jackson fought his duel and killed Dickinson over a remark made about Jackson's wife Rachel. A few miles down the road, I crossed over Red River near where the Second Great Awakening (1800) began. The Reverend James McGready, a Presbyterian minister who had left Guilford County because of his fiery preaching, was a force in this revival.

His stone home in Russellville stood through my childhood and teen years. It was once the poorhouse. Johnny Cash later bought it and took the stones to his farm in Davidson County, Tennessee, Nashville.
 Just as personal anniversaries are important, so are the anniversaries of Delta Kappa Gamma. Consider these: Last year Beta Delta celebrated its 50th birthday. We celebrated at our first meeting and even had a cake. Founding members who are still with us are Dr. Lois Edinger, Miss Hazel Perritt, Miss Betty McNairy, Ms. Helen Medlin, and Dr. Jane Mitchell. October 27 was the 83rd anniversary of Eta State. And our organization is approaching 90 years. Dr. Annie Webb Blanton was the founder of Delta Kappa Gamma in Austin, Texas, in 1929. On the shoulders of these founding members, contemporary Beta Delta rests.



Sincerely,
Ann Pember
 President, Beta Delta (2016-2018)



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Send us your Beta Delta News!!
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Next Meeting: December 2, 9:00am @ Sedgefield Country Club for the Holiday Brunch

Vegetable Lasagna Recipe

Ingredients

- Sauce - Heat 2qts of heavy cream and season to taste with salt, pepper and garlic. Thicken with slurry (mixture of corn starch and water)
- Veggies - Sauté in pan with olive oil one pkg. of mushrooms, one onion, squash & zucchini (about 3 each). Season to taste with salt, pepper, garlic, thyme, oregano and basil. Cook veggies until almost done.
- 1 pkg of fresh spinach - do not cook....leave the spinach raw.
- 8oz. Package of lasagna noodles - cook in salted boiling water approx. 7 minutes. Drain and cool.
- 2-3 packages of parmesan cheese

At our last Board Meeting, we were treated to a delicious vegetable lasagna. Many people asked for the recipe, so courtesy of Rinda Estes, here it is. NOTE: Please note that this recipe doesn't have exact measurements on all the ingredients....it's one that can be tweaked to your own taste! Hope everyone enjoys! -Rinda



In a 9x13 inch baking dish cover bottom with a thin layer of sauce. Layer noodles, vegetables, fresh spinach, parmesan cheese (no real measurement of cheese....just sprinkle generous amount on top of spinach) then cover with sauce. Repeat layers. On top layer remainder of noodles and place thinly sliced tomatoes. Sprinkle with parmesan cheese and panko plain bread crumbs. Bake at 350 for 30-45 minutes (until golden brown). Let it stand for 10 min before slicing.

Recognition for One of Our Very Own

Congratulations to our very own Janis Antonek for being recognized for her photo *Out of the Rubble* and her poetry *Thoughts on Traveling* in *The Butterfly Effect Exhibit* of the DKG Gallery of Fine Arts, an online gallery of works of art and letters at www.dkg.org.



Member Spotlight: Visit with Former President Lois Edinger

"When I was initiated into DKG in 1965, there was only Alpha chapter in Greensboro. I believe it was that year or the following that Alpha was divided into 4 chapters. Many of the older members elected to stay in Alpha and the rest were divided among Beta Beta, Beta Delta and Beta Gamma. Therefore, Lois, the first President of Beta Delta, would have been president in 1966 or 67. She was a professor of Education, specializing in Social Studies education. She was always active in NEA and served as President of the organization in 1965 (I looked it up).

She was always active in Beta Delta and served as parliamentarian until health issues intervened. I used to tease her that First Baptist Church couldn't open its doors without her being present. She taught a Bible class there for many years and still tries to attend when possible. She is currently at Abbotswood." – Jane Mitchell



Thoughts on Traveling
by Janis L. Antonek

Imagine the possibilities...
Dream of journeys to other lands.
Alone, or with others
holding hands.
Travel, as much as possible,
Minding the miles— or not.

Just a thought...

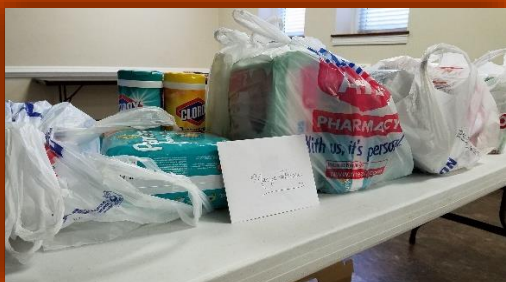
Travel

beyond your comfort zone;
expand your bucket list.
Traverse pyramids;
sleep on a cot,
in spite of warnings and knowing it may be hot.
Take a jaunt, and you'll find,
serendipity can open the mind.
Travel, together or alone;
Hone perseverance
and patience,
on a route
marked out— or not.

Just a thought...

Embrace the voyage,
Be silent when you might normally talk.
Speak gently when you might normally not.
Understand with your eyes
when words fall on non-comprehending ears.
Assuage your fears!
Returning home you'll see,
the world is smaller
than previously thought.
Whether you've traveled literally— or not.

Just a thought!



Highlights: October Meeting October 2, 2017

We had a full agenda for our October meeting including food, fellowship, wellness information, updates on our chapter achievement, goody bags and an informative presentation by Zoe Dillard about her summer trip to Paris and the French Open.

After dealing with some old business, Elaine McRae updated us on the dues deadline and Dawn Potts who was home and improving.

Leisa Huddleston handed out cards to invite prospective members. Please see your email for one if you missed the meeting. Please fill those in and return to her at leisahuddleston@triad.rr.com by Monday, November 20th. Invite your prospective member to be your guest at the Christmas Brunch and Auction to be held on Saturday, December 2nd. At that event, we will vote on a list of nominees gathered from the prospect cards. So far we only have 3 nominees! Let's build our membership, ladies!

Donations to Mary's House are on-going through the year. At this meeting we collected: diapers of all sizes, cleaning supplies, children's DVD's, and Walmart and Target gift cards.

Deb Paul reported that Dr. Latoya Kennedy is the new principal at Hampton School. We are sponsoring Mrs. Diana Parker, Pre-K teacher and an ESOL teacher, Mrs. Justin Romero.

Sheila Groves' was recognized by the president for Beta Delta's endorsement and Eta State's endorsement to become the Southeast Regional Director.

Sharon Page discussed December 2nd brunch at Sedgefield Country Club. Sign up and bring your auction items! Please see your email for the registration form or contact Elaine McRae for more information.

Lisa Frissen reported that Beta Delta has a Facebook Page that she created for the chapter. Members who are already in the closed group need to add other members' names. Please join us on Facebook!

Amanda Hagen explained to the chapter that she and Dori Caligiure have walked the Avon walk of 39.5 miles to raise money for cancer research. Our chapter will be starting our own wellness initiatives within the membership and the membership will report in December.

Rinda Estes and Barbara Moore displayed and discussed the chart Rinda created to help keep Beta Delta on track for the March chapter achievement report (see page 4 for more information).

Zoe Dillard presented a slideshow of her summer trip to Paris and the French Open with her husband.

The October Meeting was filled with good information, good fellowship and a tableful of donations for Mary's House.

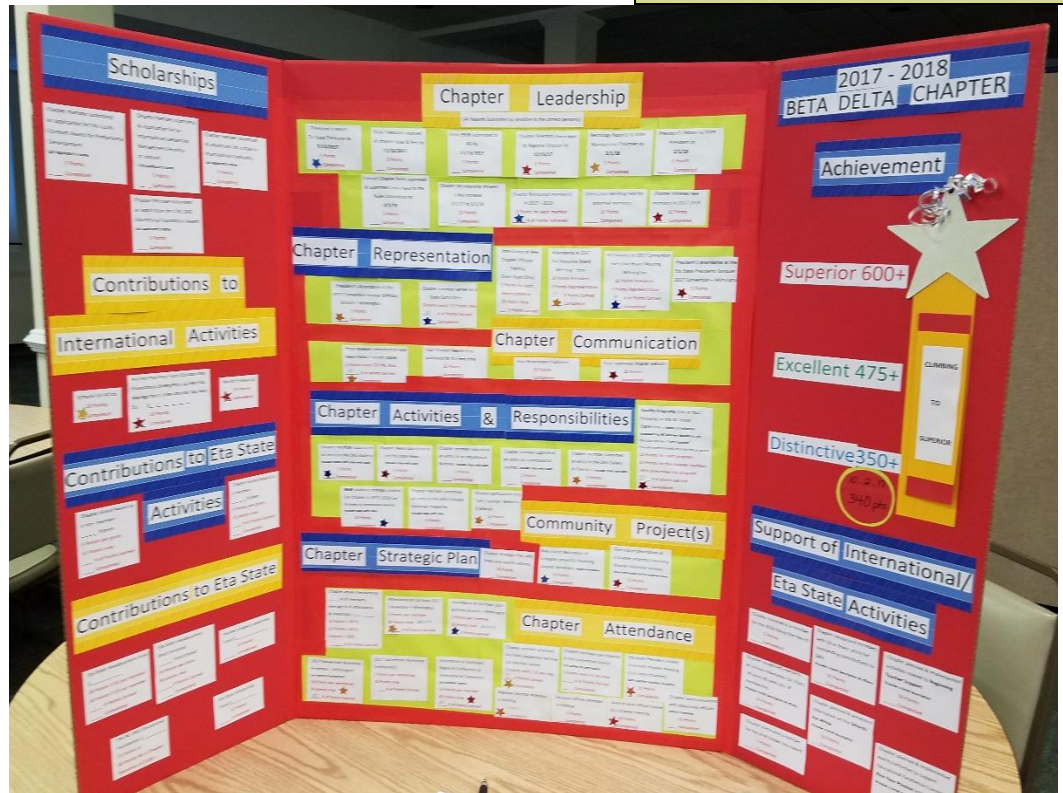
Connecting to Community Service Early!



Dori Caligiure's daughters Josie and Ella were in the newspaper in October. Josie decided she was going to make paintings to sell for breast cancer. She has raised over \$70!! Perhaps we should start recruiting these lovelies early?

Beta Delta Chapter Achievement

At our October meeting, Rinda Estes and Barbara Moore presented the poster Rinda created to help us keep track of our achievement. Barbara is working closely with our president on the binder with our documentation. Starred items indicate areas we need to work on. This poster will be displayed at future meetings as well so members can see where we are with our achievement points and possibly get inspired to participate in various areas where we need help. If you see a starred area where you have made contributions, please let leadership know so we can provide the correct documentation in our binder.



Happy birthday to you!

November

- Claire Driscoll – November 3
- Helen Medlin – November 4
- Alice Hill – November 4
- Dr. Helen Killacky – November 11
- Elaine McRae – November 18

December

- Betty Jean McNairy – December 3
- Zoe Dillard – December 23
- Dr. Amy Williamsen – December 31

January

- Vandy Chum – January 9
- Melissa Harrelson – January 13
- Sharon Page – January 19
- Sheila Groves – January 21
- Deb Paul – January 26
- Diane Howdeshell – January 30



Did we forget you?
Email Lisa Frissen at
lfrissen72@gmail.com

Important Events

Beta Delta Holiday Brunch & Auction – Saturday, Dec. 2, 9:00am

Location: Sedgefield Country Club

Start gathering your items now for donating and bring them with you the morning of the auction. Tables will be set up for you to display the treasures: holiday decorations, homemade goodies, jewelry, pottery, plants, books and surprises! There will be door prizes and a very special auction added to the agenda! Bring your checkbook (cash too!) and bring a friend or two!

Plan to arrive at 9:00 AM so you can socialize while you browse & bid at the silent auction tables. Please be seated at 9:30 for an important business meeting. The slate of new chapter members will be presented for a vote. Brunch will be served at 10:00 AM.

Money earned from the auction is used for DKG scholarships, chapter grants and projects. Contributions will be sent from our chapter to the DKG World Fellowship Fund for the training of foreign women educators and to the state Scholarship Fund to provide scholarships for DKG members. Money will also be used to support our chapter Shaw-Lewis Grant, Dr. Anna Joyce Reardon Award and chapter projects. If you are unable to attend the Auction, please consider sending a donation to support these wonderful programs.

Members are reminded that we give school supplies to beginning teachers at our brunch. More information will be forthcoming our president.

Agenda

9:00 Coffee & socializing, Silent Auction

9:30 Business Meeting

10:00-Noon Brunch & Live Auction

Menu

Ham & Cheese Omelet served with applewood bacon, grits, fresh fruit
OR

Belgian Waffle and applewood bacon*, grits, fresh fruit

*Vegetarian option: substitute hash browns for bacon

Coffee, Tea, Water

Cost: \$20.00



Complete this portion and return to: Elaine McRae

3518 Old Onslow Road

Greensboro, NC 27407

emcplay@aol.com

Make checks payable to DKG/Beta Delta.

Reservations must be received by November 25, 2017.

Name: _____

Number of paid meals: _____ @ \$20.00 each Amount of check \$ _____

Indicate menu preference:

_____ Ham & Cheese Omelet _____ Belgian Waffle

_____ Vegetarian Option

I am unable to attend but wish to make a donation to support scholarships and other chapter projects.

I have enclosed my check for _____. (Make checks payable to DKG/Beta Delta.)

Eta State NC Convention April 27-29 Convention Hotel Registration Open

The Hilton Charlotte University Place is taking reservations for the 2018 Eta State NC Convention. The rate of \$115 plus taxes is available until April 12 or until the block is filled.

Registration may be made online at <http://bit.ly/2zwvVlv> or by calling 704-547-7444. Ask for the DKG room block.

Important Dates

Next Beta Delta Meeting:

December 2, 2017

Sedgefield Country Club

9:00am-12:00pm

Holiday Brunch & Auction

Beta Delta Board Meeting

January 18, 2018

Ann Pember's home

3412 Kirby Drive, Greensboro

5:00pm

New Member Orientation

February 8, 2018

Evie Dickerson's home

3818 Cole Avenue, High Point

Beta Delta Meeting

February 22, 2018

First Baptist Church

Lower auditorium

5:00pm

Beta Delta Initiation Practice

March 15, 2018

Beta Delta Initiation

April 12, 2008

Convention Dates

April 27 - 29, 2018

Eta State NC Convention,

Hilton Charlotte University

Place, Charlotte, NC

(Region VI)

July 16 - 20, 2018

DKG International Convention,

JW Marriott, Austin, TX

Our Condolences

The brother of new member, Judy Mancino-Palmer, passed away suddenly at age 58.

Please send cards to her at:
8909 Seacrest Drive, Kernersville,
NC 27284-8499.

News from Eta State



What's Going On in DKG? Follow DKGSI Blogs to See!

Have you ever wondered what Founder Dr. Annie Webb Blanton might be saying about DKG nowadays? Amazingly, Annie is blogging to share her thoughts! Founder

Annie Webb Blanton (i.e., a voice representing Blanton's perspective) and seven international committees are blogging with gusto to reach out to inspire all members to connect and engage. [The DKG Society International \(DKGSI\) blog](#) was born in 2015 and gained steam in 2016. In 2017, the number of blog posts more than doubled. Currently, close to 100 posts are available to view and spark your thinking. In addition to Annie's Blog, committees blogging are:

- Communications and Publicity—posting technology tips for chapters and members, ways to publicize DKG, examples of resources on the web, and more
- Constitution—focusing right now on proposals for changes to the Constitution
- Finance—sharing info for treasurers plus ideas for collecting dues, sharing responsibilities and more
- Educational Excellence—writing on the various aspects of EEC, CTAUN, projects, and more
- Membership—sharing resources for chapter health, recruitment, retention, mentoring, and more
- Scholarship—posting info about available scholarships and due dates
- World Fellowship—the newest [blog](#) started this month to share narratives from WF applicants.

To follow the DKG blog, click on the blog button on the home page of [dkg.org](#). To be notified when a new blog is posted, go to the [blog page](#) and enter your email address in the "Follow by email" box to the left. Hit submit. You will receive an activation message from "Feedburner," the blog service. Complete that activation in order to be notified of updates and to stay up-to-date!

DKG Emergency Fund

Donations to the DKG Emergency Fund will help members impacted by Hurricanes Harvey and Irma, those impacted by wildfires in the

northwest... and those with damage from other natural disasters. To contribute to the Emergency Fund by credit card, go to <http://bit.ly/2yRjtqI> and click on "Emergency Fund." If you would prefer to make a donation by check, please download Form 43. Mail this form with your check to the address listed on Form 43.

* Contributions to the funds that fall under the umbrella of the DKG Supporting Corporation are tax-deductible to the fullest extent of the law.



Come to Boone to Golf in June

Save the Date – June 11, 2018

Come to Boone to Golf in June is a premier golfing event that is part of Phase 1 of the three-year Fundraising Campaign. This is a call for all DKG golfers who would be willing to assist us with the event (non-golfers too!) before or on Monday, June 11 at Boone Golf Course. If interested, contact Golf Event Chair, Judy Carlson: judithb125@gmail.com. Encourage your golfing friends to form a four-person team. Registration forms and information available at www.ncdkgef.org.



IPP Groves Nominated as Southeast Regional Director

Eta State NC Immediate Past President Sheila Groves has been nominated as Southeast Regional Director for The Delta Kappa Gamma Society International. The Eta State NC Executive Board voted at their fall meeting in September to endorse Sheila for this position. Dr. Ann Pember, president of Beta Delta, Sheila's chapter, made the motion for the endorsement. Sheila is currently serving as a member of the International Leadership Development Committee and helped conduct the trainings at the regional conferences in Hawaii and South Carolina for the new state organization presidents. She has also served on the International Constitution Committee. Election of new regional directors occurs at the DKG International Convention. The 2018 convention will be held in Austin, Texas, July 16-20.



Funds Available Through DKG Educational Foundation

Take advantage of the opportunities to apply for Educational Foundation funds that are available to individuals, chapters and state organizations. Deadlines to apply for the funds are on or before:

- January 3, 2018: Up to \$10,000 may be awarded to groups or individuals for [projects](#) that not only benefit children and education but also encourage intercultural understanding and educational excellence.
- February 1, 2018: Members and nonmembers can apply for [Cornetet Individual Professional Development Awards](#) to participate in events and activities that occur between March 15, 2018 and October 15, 2018.

Need Money for Professional Development?

The DKG Cornetet Professional Development Funds have what you need! Take advantage of funds that can be used for conference/seminar expenses, online courses, national certification, workshops, and other non-degree programs.

Awards may be used to fund travel, lodging, meals, substitute pay, registration fees, etc.

Three award cycles each year: February 1, May 1, & September 1

Go to: <http://www.dkgef.org/>

1. Click on Apply
2. Click on Cornetet Professional Development Individual
3. Click on Application to download

Headquarters Brick Project Extended

So close! Only a few more bricks are needed to make the goal of 100 so the project has been extended until the 2018 Eta State Convention. The form and all information can be found on the [Forms page](#) of the state website.



Message from the Eta State President

One of my goals this year is to encourage savvy leadership. What does it mean to be a "savvy leader?" According to Google Dictionary, it is someone who is knowledgeable as well as someone who has common sense and has the ability to make good judgments. As we approach the 2017-2019 biennium where nominating committees across North Carolina will be seeking officers, I am certain they can identify many "savvy leaders" within their chapters. After all, DKG members are "key women educators" who were invited because of

their leadership potential. The challenge for each nominating committee is to encourage its members to believe they are not only worthy, but capable of holding positions requested. Eta State provides many opportunities for members to develop their leadership potential and it is my hope that every position is filled; that everyone who accepts will be supported and nurtured, and that each one will lead with confidence. Yes, my goal this year is to encourage savvy leadership and YOU are invited to Sparkle along with me to make this happen!



Connie Phifer Savell, Eta State NC President 2017-2019

Let's SPARKLE!

Goals:

- Encourage **S**avvy leadership
- Inspire **P**assionate, meaningful programs and projects
- Analyze and **A**rticulate current educational issues
- Further **R**espect for diversity in membership
- Promote **K**nowledge through lifelong learning
- Establish and **L**aunch a member wellness initiative
- Advocate **E**xcellence in education

Meet the Editor

As many of you may have noticed, there's a new kid in town when it comes to publishing the newsletter. I thought I would take just a second to introduce myself and thank Marcia Payne Wooten for all her years of service and help with getting me started. My name is Lisa Frissen and I was initiated in 2017. I teach French (and am certified to teach secondary social studies) at Southeast Guilford High School. In January, I will have been teaching 19 years. I got my start in Carteret County and have been in the GCS school system since 2011. I took a 3-year hiatus when I moved to Amsterdam, Netherlands where I met and married my husband who recently became a U.S. citizen (now dual Dutch and American). We don't have any children and are content with our two cats, Jack and Elvis. We love to travel and hope to do a lot more of it when we retire. My other hobbies include reading (my passion), playing on the computer, scrapbooking, shopping, and watching TV. I started doing yoga this past summer and I absolutely love it.



Deadline for submissions to the next newsletter is: February 1, 2018! Email the editor at lfrissen72@gmail.com

U.S. FORUM CONNECTION #165, OCTOBER 2017 (Updated: November 2017)

This free newsletter is sponsored by the United States Forum of The Delta Kappa Gamma Society International. Delta Kappa Gamma members wishing to subscribe to this FREE newsletter should send a request to the editor Angela O. Bedenbaugh at Bedenbaugh.Angela@gmail.com.

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CHIP ACTION NEEDED

The Children's Health Insurance Program (CHIP) was allowed to expire at the end of September. This program covers approximately 9 million children from families whose income does not allow them to qualify for Medicaid but who do not make enough money to afford regular health insurance. You are urged to contact your Senators and Representative to urge them to extend the expiration date of CHIP. The toll free number to reach these legislators is given at "Contacting Your Legislator."



LEGISLATION OF INTEREST

A bill has been introduced in the House which would prohibit the manufacture, possession or obtaining parts which would convert a rifle to a machine gun. (H.R.3999). H.R.899 which would eliminate the Department of Education and H.R.861 would eliminate the Environmental Protection Agency. Both were introduced and referred to committee. If passed both would take effect December 2018. Currently a House resolution is being considered which would set budgets both for the upcoming year as well as making recommendations for budgets for fiscal years 2019-2027 (H.Con.Res.71). Congress is also beginning to start zeroing in on revisions to the tax code. One sticking point is not allowing tax payers to deduct state taxes on their federal income tax.

NATIONAL LEGISLATIVE SEMINAR (NLS) SCHEDULED

The National Legislative Seminar will be held in Washington, DC March 18-21, 2018. The registration form can be found at [nls_registration_2018_updated.pdf](#).

FREE RESOURCES

You may want to go to pbs.org for a number of instructional programs. Another related site is pbskids.org. I found the segment with Curious George and the bowling shoes interesting. This can be made into an exercise in critical thinking. Can your students figure out what the problem/s are before George figures it out?

FORUM FACEBOOK PAGE LINK

For those of you desiring discussion of legislative topics there is a U. S. Forum Facebook page online at <http://www.facebook.com/DKG.US.Forum>

FORUM WEB SITE: <http://www.usforumdkg.org/>

CONTACTING YOUR LEGISLATOR

If you wish to contact your senator to express your opinion, you can call the Congressional Switchboard at 1-866-327-8670 [this is a toll free number]. You can email your senator or representative via a link at Congress.gov. Another way of contacting your senator is by using a telephone number which is not toll free both of which are available at https://www.senate.gov/general/contact_information/senators_cfm.cfm

Email access and addresses

<http://www.house.gov/> for members of the House of Representatives <http://www.senate.gov/> for members of the U.S. Senate

White House 1-202-456-1111

FIVE CONSTITUENT CONTACTS WILL CAUSE A LEGISLATOR TO PAY SERIOUS ATTENTION TO A GIVEN ISSUE.