

Beta Delta News

The Delta Kappa Gamma Society International

Region VII, Eta State, North Carolina, Beta Delta Chapter, Greensboro, NC

Voices of Influence Empowering North Carolina Educators "Let's Sparkle!"

IN THIS ISSUE

President's Message



It has taken me a couple of weeks to process getting my mom out of Panama City and the aftermath of Hurricane Michael. I am more grateful than

I can say for the strength of my sister, who had the contacts and foresight to set up flights, lodging and transportation without hesitation or fear; our loving and supportive husbands and family; friends who rescued and supported my mother until we could get down there (Jimmie and Jaimie); friends who helped us pack up (Mary Lynn); friends who sold Mom's house (Jim, Sharon and Lynn); and friends who came by to say "good-bye" while we participated in the endless packing. We encountered the kindness of strangers --Bayou Bill's Crab House, who wouldn't let us pay for our meal after we related our story to our server; Caldwell tree removal and Josh, who found a way to get Mom's car out of the garage while he assessed tree removal needs; USAA insurance's David Jacques; and Purple Heart/Solomon and Sons relocation movers. All of these people did more than they had to do, with a kind, positive spirit that connected us in ways that allowed us to keep moving, and

kept us from getting so overwhelmed that we might have been paralyzed -- although paralysis was not really an option. I had never thought about the lack of housing that occurs right after a natural disaster; first responders, FEMA personnel, insurance people, tree removal people, contractors sleeping in cars until they can find a place from which to launch their services. The traffic going in and out of Panama City was gridlock because of the increased population and curfew (sundown to dawn) that put everyone on the road at the same time-- our D.C. traffic experience was helpful. And I have a whole new level of respect and appreciation for the tremendous skills set it takes to safely remove big trees from a house! We were blessed; my mother was not injured (yes, she was in the house when the two trees fell on it), the car was not damaged, and we drove home safely, despite my fears of driving on dark Florida backroads with faltering GPS until we reached well-lit interstate. If I did not already believe in God, I would now. The experience was intense, unpredictable, difficult and beyond stressful. So much could have gone wrong that went right: timing of tree removal, movers, insurance -- even selling the house "as is." Still, when you get on a (Continued on page 4)

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Send us your Beta Delta News!!

c/o Zoe Dillard, President 723 Guilford Road Jamestown, NC 27282 dillardzoe@gmail.com 703-798-4407

Editor: Lisa Frissen 5828 Stoney Glen Loop Greensboro, NC 27409 Ifrissen72@gmail.com

Next Meeting:

Saturday, December 1 9:00am @ Sedgefield Country Club

> All clipart courtesy of openclipart.org

Highlights: October Meeting October 4, 2018

Our October meeting took place on Thursday, October 4 at 6:00pm at the First Baptist Church. We enjoyed a meal of homemade chicken salad (recipe below), brioche rolls, both green and fruit salads.

President Zoe Dillard opened the meeting and gave the meditation. There were 22 members present. We welcomed a new member, Carol Thomson, who transferred membership from Jacksonville, NC.

For an icebreaker, everyone wrote down one of the most important things they've learned as a teacher. Cards were scrambled and handed out so they could be shared by someone other than the author.





Lisa Frissen was nominated for Beta Delta Vice President. There was a unanimous vote to accept her as vice-president.

Deb Paul related that Dr. Kennedy from Hampton will be happy to have us working with beginning teachers. Deb recommends Miranda

Newby who works with Megan Lynch in the 2nd grade and Beverly Howard, a 4th and 5th grade science teacher.

An ad hoc committee was started to look into supporting the teachers on the coast affected by the hurricanes. If you are interested in helping, contact Kelly White Arnold.

Elaine McCrae shared her experience about the Real ID. (To learn more about the Real ID, <u>click here</u>.) She had problems at first because she goes by her middle name instead of her given first name. The DMV said she could not get the ID since her birth certificate didn't match what she goes by on her social security card. She wrote letters and spoke to everyone she could in the state. She was eventually successful after getting through to Governor Cooper's office. Elaine wanted to share her story to show that we do have a voice and when we use it we can make a difference.

The budget for 2018-2019 was proposed. Elaine wanted to point out that we have a healthy balance but it is going down every year. Please keep the budget in mind when you are asking for reimbursement.

There has been a report out about how many teachers there are that are not registered to vote. It doesn't matter who you vote for, it is key to

CURRIED PECAN CHICKEN SALAD INGREDIENTS:

- 2 CUPS OF COOKED CUBED CHICKEN
- ½ CUP OF WELL DRAINED CRUSHED PINEAPPLE
- 1½ CUPS OF COOKED RICE
- 1 TBSP OF RED WINE VINEGAR
- 2 TBSPS OF SALAD OIL
- 1 TSP OF SALT
- 34 TSP OF MILD CURRY POWDER
- 1 CUP OF FINELY DICED CELERY
- 1/4 CUP OF CHOPPED GREEN PEPPER
- ¾ CUP OF CHOPPED PECANS
- ½ TO ¾ CUP OF MAYONNAISE
- LETTUCE, PECAN HALVES FOR GARNISH

INSTRUCTIONS:

COMBINE CHICKEN, RICE, PINEAPPLE, VINEGAR, SALAD OIL, SALT AND CURRY POWDER.

CHILL FOR 2 HOURS (OR CAN BE MADE THE DAY BEFORE).

COMBINE/FOLD IN THE CELERY, GREEN PEPPER, CHOPPED PECANS AND ENOUGH MAYO TO MOISTEN.

TO SERVE: PILE ON CRISP LETTUCE AND GARNISH WITH PECAN HALVES OR SERVE WITH SANDWICH ROLLS.

(Source: Pennsylvania Mennonite Lady)

vote. There was a letter by Susan Phipps, "Light a Spark" for a children and schools, calling on teachers to go to the polls in November to vote.



Elaine McRae, Lisa Frissen, Sheila Groves, and Myra Aderholdt attended the DKG International Convention in Austen, Texas this summer. This was a constitutional year and one of the amendments that passed was about opening membership to undergraduate students who are studying to become teachers. They need to be enrolled in an educational program. Their dues would be at a reduced rate of \$20. They would be able to participate in all ways except becoming elected officers. Once they complete their program of study, they would be eligible for full membership once they start teaching. Lisa talked encouraged members to attend a convention to learn more

about Delta Kappa Gamma and to fellowship with other members.

Ann Pember and Barbara Moore are already working on keeping track of our points for the chapter award. Please let them know if you do something that could earn us points.

With the change of the biennium, it is time for members to sign up for a committee. Committee chairs spoke about the different committees. Sign-up sheets were available for members to sign up for the committees they were interested in. Here is a list of committees to choose from:

- Membership- Recruits new members
- World Fellowship- Organizes the holiday brunch and auction
- Educational Excellence- Plans the programs for meetings
- Finance Committee- Keeps track of the chapter's finances
- Parliamentarian Committee- Ensures that all procedures and protocols are followed
- US Forum and Law Committee- Updates membership on changes in the law and educational policies
- Initiation Committee- Oversees the initiation process for new members
- Nomination Committee- Recruits members for leadership roles in the chapter
- Awards Committee- Keeps track of points for the chapter award
- Rule Committee- Oversees the process of proposing and revising the rules of the chapter
- Communication and publicity- Oversees the production of the chapter newsletter and maintenance of the chapter's website
- Scholarship committee- Promotes scholarships and selects recipients for scholarships
- Social Committee- Oversees the social aspects of the chapter (including meals for meetings)

Please pick a group you would love to work with!

The meeting ended with everyone receiving fall wreaths that were made by the Social Committee.



Beta Delta Member News

In our thoughts

Dr. Lois Edinger, a Beta Delta charter member has fallen and broken her leg. She's convalescing at Clapp's Nursing Home and would probably appreciate a visit or card.

Travels

I have spent two weeks in Kentucky celebrating my 6oth high school class reunion. In addition, my home church celebrated its 2ooth Anniversary of its founding. I have had a wonderful time seeing friends from throughout my life.





3rd Generation DKG Member

Alice Hill's daughter was inducted to her local Delta Kappa Gamma chapter on Thursday, October 18 in North Haven Connecticut. She is a third generation member: her greatgrandmother, her mother, and herself. Page was a Grimsley graduate.

World View 2018

October 17th and 18th, Beta Delta members, Janis Antonek and Liliana Jordanov, had the opportunity to attend the World View Fall Symposium for K-12 Educators. The annual event, held at the Friday Center in Chapel Hill, gives participants an opportunity to learn more about significant global trends and issues and provides resources for teachers to globalize their classrooms, regardless of the content area they teach. Much of the information this year centered around the future of work and education as technology advances; climate change and its global implications; and the UN initiatives on sustainable development. Both Janis and Liliana loved the sesson about classroom uses for the Google Arts and Culture website, which is useful for all content areas and all grade levels. They also enjoyed watching the movie,

"This Is My Home", filmed in Greensboro by students from the local Montagnard community. Some of our chapter members have worked with and taught people mentioned in the film. At Jane Mitchell's brilliant suggestion, Janis and Liliana are trying to arrange to make the video available to chapter members who are interested in seeing it.



Birthdays

November

Claire Driscoll – November 3 Alice Hill – November 4 Helen Medlin – November 4 Helen Killacky – November 11 Elaine McRae – November 18

December

Betty Jean McNairy – December 3 Rose Mosquera – December 8 Zoe Dillard – December 23 Amy Williamsen – December 31

<u>January</u>

Vandy Chhum — January 9 Judy W. Mancino-Palmer — January 10

Melissa Harrelson — January 13 Sharon Page — January 19 Sheila Groves — January 21 Deborah Paul — January 26

Did we forget you? Email the editor at lfrissen72@gmail.com

Important Dates

Holiday Brunch

December 1, 2018 Sedgefield Country Club 9:00am

Executive Board Meeting

Thursday, January 17 6:oopm, Location TBA

New Member Orientation

Thursday, February 7, 6:00pm Evie Dickerson's house

Chapter Meeting

Thursday, February 21 6:00pm, First Baptist Church



Even though I fell and tore my knee to pieces in mid-July, I was still able to get around some with the help of my husband, Jerry. He was my chauffeur, and chef for quite a while. I completely tore my ACL; partial tear, level two, in my MCL; and stress fracture in top of my tibia. Not a great way to end the summer! But nothing could prevent me from at least sitting in a car, or on a bench, or in a restaurant and take in the environment, friends or family, so travels continued! We drove to Rowayton, CT and spent 12 days around the Labor Day weekend, visiting our youngest daughter (Graham). Returned home in time for the NC Folk Festival and hosted guests from the mountains. Since we live in the middle of the festival, easy to reach all the activities. Our Sept beach week was obviously cancelled due to Florence, but still met our oldest daughter and grandsons in DC for a week long tour the first

week of October. It was during their fall break (love the year-round school calendar!), and we managed to take in at least two museums or sites each day. The newest surprise was the History of the Bible Museum which just opened last November. All that walking was a true test to my knee recovery! - Melissa Harrelson

SISTERHOOD

The big happening for me this fall was the big tree that fell in my backyard during Michael's onslaught. It didn't make a big thump when it fell since the fall was broken by my neighbor's garage, but I knew I had to get that tree removed as soon as possible. The next day, Friday, I began trying to call my agent, Corie McCrae. No luck, the lines were down. Then I tried e-mailing and again no luck. My mind was racing with possibilities—dare I phone his home since his wife is one of my Beta Delta sisters? Yes, these are unusual circumstances and he (they) will understand. Sure enough, later that evening I had a call from Elaine and Corie. He told me what to do and assured me that his office would take care of claims first thing Monday morning. You may be wondering how Corie McCrae came to be my insurance agent. Many years ago I attended a board meeting at Elaine's home. At this meeting she gave us all one of Corie's pocket-size business calendars with his address on it. I noticed that he was representing the same company that I used. I called Elaine and asked if it might be possible for me to switch agents and she said of course. No sooner said than done. A few years later at a May Beta Delta covered dish at Betty McNairy's



home, we were all seated out in her lovely lawn as night fell and it began to turn cool. I noticed Elaine get up and go to her car, get a blanket, then bring it and gently cover my shoulders with it as she softly sang "Nationwide is on your side." – Jane Mitchell

(President's Message continued from page 1)

one-way flight into a disaster zone, not knowing what will happen when you get there, but knowing you MUST get there because family is everything, it kind of takes your breath away until the check-list of what it takes to relocate your mother from the house where she lived for 28 years is completed. My mother, sister and I were the "three musketeers," sorting out the necessary next steps to getting back home, to regaining some sense of normalcy. I guess we get some of



our strength from our mother, because she is doing well, living with my husband and I in North Carolina; my sister has returned to her home and family in Australia. During a phone conversation today, we agreed it is impossible to authentically convey the surreal experience of hurricane aftermath -- the overall feeling of intensity and sorrow that surrounded us, the faces of people who had lost everything, the tears of those who cannot stop crying because it is so hard to believe that so much is simply gone. We have much for which to be grateful, but it takes some processing. Hurricanes bring out the best and worst in people; we were blessed by the best. Mom is adjusting well. God is good. Checklist complete -- for now.

DELTA KAPPA GAMMA BETA DELTA CHAPTER Sedgefield Country Club

Saturday, Dec 1, 2018 9:00 AM - Noon

Make your reservations right away for this exciting holiday event!

Beta Delta Holiday Brunch & Auction

Start gathering your items now for donating and bring them with you the morning of the auction. Tables will be set up for you to display the treasures: holiday decorations, homemade goodies, jewelry, pottery, plants, books and surprises! There will be door prizes and a very special auction added to the agenda!

Bring your checkbook (cash too!) and bring a friend or two!

Plan to arrive at 9:00 AM so you can socialize while you browse & bid at the silent auction tables. Please be seated at 9:30 for an important business meeting. The slate of new chapter members will be presented for a vote. Brunch will be served at 10:00 AM.

Money earned from the auction is used for DKG scholarships, chapter grants and projects. Contributions will be sent from our chapter to the DKG World Fellowship Fund for the training of foreign women educators and to the state Scholarship Fund to provide scholarships for DKG members. Money will also be used to support our chapter Shaw-Lewis Grant, Dr. Anna Joyce Reardon Award and chapter projects. If you are unable to attend the Auction, please consider sending a donation to support these wonderful programs.

<u>Agenda</u>

9:00 Coffee & socializing, Silent Auction 9:30 Business Meeting 10:00-Noon Brunch & Live Auction

Menu

Ham & Cheese Omelet served with applewood bacon, grits, fresh fruit OR

Belgian Waffle and applewoood bacon*, grits, fresh fruit *Vegetarian option: substitute hash browns for bacon

emcplay@aol.com	
ber 24, 2018.	
h Amount of check	x \$
	Belgian Waffle Vegetarian Option
	se Omelet

Beta Delta Member Spotlight

Can you identify the member described in the following clues?

- 1) This member was recently individually honored by Reading Connections of Greensboro as Tutor of the Year for the ESOL section. Her student was separately honored as Student of the Year.
- 2) This member is an Adam Levine groupie. Ask her about the two concerts of his that she has attended in DC and in Raleigh. She bought a ticket for last year's concert in Raleigh, and it was cancelled.
- 3) This member recently spent a week in Cape Cod and by the time this goes to press, will have spent a week in Savannah. She loves to travel. Ask her about her trip to Canada a few years back. It involves a missing wallet... and someone else's shopping spree.
- 4) This member graduated from Gardner-Webb, a junior college, and finished at UNC Wilmington in 1969, all on a full scholarship. She became a US Citizen in 1976.
- 5) This member is an avid bridge player... at least four times a month.
- 6) This member's other hobbies include entertaining, tending an herb garden, adventures with her four grandchildren, and reading, reading. She has pulled more than one all-nighter engrossed in a novel. Her favorite? I think it is Little Women. Jane Austen's novels are also high on this person's list

Have you figured it out yet? Are you aware that clues 1-6 describe the same person?

Maybe clue #7 will help narrow it down...

This member was born in Havana, Cuba, and grew up in Vadadero Beach. She attended Madres-Escolapias, a boarding school for girls, until she moved to the United States in 1962. (Author's note: She was not "dismissed" from this school because the upper classmen helped her carry out missions and she was never caught BUT if you really want to laugh, ask her to tell you about what I call the "frog escapade".

Maybe by now you are thinking...oh, yes, this is Carol Thomson! Our President introduced her to the membership in early October! Carol taught in Jacksonville, NC (where she joined Delta Kappa Gamma) and her career includes many accomplishments. This dedicated educator was senior class homeroom teacher almost all of her career, Spanish Club Advisor, Department Head... you name it, she did it!

Now, go back and reread statement #4. Keep in mind that when Carol moved here, she did not speak English!! Carol is an inspiration to everyone that knows her. We are so glad she has reinstated her membership and become a member of Beta Delta!



Photo of Carol taken at Cape Cod

Thanks to Alice Hill for contributing to our member spotlight!

News from Eta State

FAST NC Supporting Affected Schools

As a partner with FAST NC (Florence Aid to Students and Teachers of North Carolina), Eta State NC, through President Connie Savell, received this update from Drew Elliot at DPI: We've been raising funds and we've collected almost \$45,000 for FAST NC. Thanks for helping us get the word out!

Please share the website information with your network and encourage folks to donate. FAST NC can accept donations by check and credit card. The website is http://www.ncpublicschools.org/fastnc/.

The FAST NC application for assistance is now available at http://www.ncpublicschools.org/fastnc/apply/.
Applications will be considered in cycles, and the first round of applications will be due on or before Nov. 16, 2018. The application will also be announced to the 28 counties declared federal disaster areas and will be announced in electronic mailings of the Department of Public Instruction to district superintendents and charter schools.

In addition to the funds we've raised, our partners are doing incredible things. For example, NC MAST is donating 2,160 scientific calculators for schools in the impacted areas and an elementary school in La Jolla, California, sent a box of school supplies, along with notes from the kindergarteners who collected the supplies, to NCDPI. Superintendent Johnson handed out the supplies to students at Dixon Elementary School last week who were coming to school then for the first time since the storm.

Two Eta State NC Scholarships Available This Year

The Scholarship Committee is pleased to announce that there will be two scholarships available this year as specified by the Finance Committee. The Doctoral Scholarship will be available for \$4,000 and a Master's Scholarship available for \$1,000. There will not be a special project scholarship issued this year.

The applications are updated and will be available by the end of October. Please check the Eta State NC website under the Forms tab for the applications, checklist and reference forms. The deadline for submission is February 1, 2019. If you have questions, please contact Michelle Benigno, Scholarship Chair,

at mtbteacher@gmail.com

EDUCATIONAL FOUNDATION

Announcing New Scholarship Grant Opportunities from the Educational Foundation

The NC DKG Educational Foundation is awarding two \$2,500 Marilyn F. Grinwis Gray Scholarship Grants this fall. These new awards are being made for spring semester 2019 from an endowment through Theta Chapter. Scholarships are available for degree work in Music Education or Elementary Education. Applicants may be enrolled in Baccalaureate, Master's, or Doctoral study in either of these areas of education. Applications are open to everyone.

The proposal form is available on the Educational Foundation website (www.ncdkgef.org). Proposals are due November 20, 2018, so apply now! Awards will be made by December 5, 2018, in time for spring semester.

Message from the Eta State President

In the last few weeks we have witnessed fall in the coolness of the air and the changes of the colors of the leaves on the trees. In DKG, we are experiencing changes in membership, International conferences, and training for our incoming officers by the International level. As





Let's SPARKLE!

Goals:

Encourage Savvy leadership

Inspire Passionate, meaningful programs and projects
Analyze and Articulate current educational issues
Further Respect for diversity in membership
Promote Knowledge through lifelong learning

Establish and Launch a member wellness initiative

Advocate Excellence in education

education degree, have the intent to continue academically and professionally in the field of education, and be enrolled in the last two years of their undergraduate education degree or in a graduate program. If your chapter wishes to invite collegiate members, you will need to change your chapter rules to address this change.

Did you notice I used the word **induct**? DKG will induct members rather than initiate in an effort to be more professional. Inductees become members of DKG at the time of paying dues. (continued on page 9)

In 2019, regional conferences, such as the Southeast Regional Conference, will now be called International Conferences and have a theme. In June Eta State NC will host the International Conference for Arts and Humanities in Asheville, NC, June 27-29, 2019. The International Conference: Leadership will be held in Des Moines, Iowa, July 10-12, 2019. Who will be trained in Iowa from NC? Training is for the 2019-2021 state president, the EEC chair who is NC's first vice-president, the Membership Chair that is appointed by the incoming state president and the Treasurer who will be appointed in May. Nomination deadline for Eta State NC officers is November 15 and Treasurer January 16, 2019. Embrace change and let's strengthen DKG in North Carolina. Wishing your family a Happy Thanksgiving!

Connie Savell Eta State NC President 2017-2019

Nominate Members for Recognition at the Birthday Celebration

Eta State NC will observe its 85th Birthday at the 2019 Convention. One way that state leaders plan to celebrate is to recognize members who have made notable contributions to education or to DKG on the local, state and national levels.



President Connie explained, "Please review your chapter histories and membership records to locate those in your chapter who have made significant contributions and impacted numerous lives. Think outside the box and determine members in your chapter, past or present, that might deserve recognition."

A Google form has been set up to collect chapter nominees at https://goo.gl/forms/ozSOMHGoZGad73gN2. The form includes a space for a short biography and a photograph.

Hotel Registration Open for May 2019 Eta State NC Convention

Plans are progressing for the <u>Eta State NC Convention</u> to be held in Hickory May 3-5, 2019. Hotel registration is now open, and the workshop session proposal form and the convention ad form are available online. Hotel reservations for the convention may be made by calling the Crowne Plaza Hickory Hotel, 1385 Lenoir-Rhyne Blvd., SE, at 828-323-1000. The rate is \$95 plus tax. There are a few suites for \$129 plus tax. Members should identify themselves as part of Delta Kappa Gamma to get the group rate.

Workshop presenters are needed for Saturday afternoon sessions at the convention in the strands of DKG Society, Professional Growth or Personal Growth. Deadline for submission is February 1, 2019. The downloadable submission form is on the new convention webpage. The <u>convention ad form</u> is also online. Each chapter is encouraged to place an ad honoring members, activities, projects, or achievements.

Convention Dates

March 22 - 23, 2019 — Eta State NC Leadership Development Seminar, Caraway Conference Center, Asheboro

May 3 - 5, 2019 — Eta State NC Convention, Crowne Plaza, Hickory, Region X

June 27 - 29, 2019 — Southeast International Conference, Crowne Plaza, Asheville, NC

May 1 - 3, 2020 — Eta State NC Convention, Embassy Suites, Greensboro, Region VII

July 7 - 11, 2020 — International Convention, Philadelphia, PA,

International Website: https://www.dkg.org
Eta State NC Website: www.ncdkg.org

Say Cheese!

The planning committee for the 2019
International Conference: Arts & Humanities,
Asheville, is looking for someone to take the
traditional photographs of each state group
attending the event, June 27-29, 2019. If you
or someone you know is interested in
learning more about this
assignment, please
contact Sheila Groves,
committee chair, at
svgeta97@gmail.com,
robey Worthington,
volunteer chair, at
tobeyv8@aol.com.

U.S. FORUM CONNECTION #178, October 2018 (Updated November 2018)

This publication is intended for your information about issues important to education, women and children. How you choose to use the information included here is up to you. This free newsletter is sponsored by the United States Forum of The Delta Kappa Gamma Society International. The Delta Kappa Gamma Society International is an organization of leading women educators with over 80,000 members. Delta Kappa Gamma members wishing to subscribe to this FREE newsletter should send a request to the editor Angela O. Bedenbaugh at Bedenbaugh.Angela@gmail.com. We urge you to share this newsletter with other interested individuals who are not members of Delta Kappa Gamma or members who do not subscribe to this publication.

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Before you go to vote you might want to check whether or not you are registered. To check whether or not you are currently registered to vote go to https://www.vote.org/am-i-registered-to-vote/. Some states have the ability to purge from the voter registration rolls anyone who did not vote in the last election. Also you might want to check in advance where you go to vote https://www.vote.org/polling-place-locator/. This site will not only tell you where you can vote, it will give you a map to the voting place and the hours that the voting place will be open.

MEDICAL PREEXISTING CONDITIONS LITIGATION

The Affordable Care Act (ACA) (aka Obamacare) contained the provision that everyone would have to buy health care insurance or pay a tax penalty. This was labeled the individual mandate. The individual mandate was to offset health care insurance costs of individuals with potentially large medical bills who did purchase health insurance. The health insurance costs would be higher if young, healthy individuals did not purchase health insurance. This individual mandate was part of the original bill to give a larger pool of participants so insurance companies could offer health care insurance at lower rates. Part of the "Congress 2017 Tax Cut and Jobs Act" (H.R.1) which Congress passed and was signed into law December 22, 2017 eliminated the individual mandate. This ruling would take effect at the beginning of 2019. The individual mandate of ACA was ruled to be unconstitutional by the Supreme Court. The Supreme Court ruling raised the possibility that the entire ACA could be void. In February 2018 Texas and 19 other state attorney generals filed a lawsuit (Texas vs Azar) using the elimination of the individual mandate as a reason to make the entire ACA void essentially repealing ACA. Subsequently California and 16 other state attorney generals filed a counter suit which would eliminate the individual mandate but would leave the rest of the law intact.

If ACA is repealed, not only would insurers not have to cover individuals with preexisting conditions, but other groups could potentially pay higher premiums. Examples of this are people on expanded Medicaid, women, older people and people in certain occupations.

Whatever the ruling of a Texas court this week, the case will likely be appealed by the group on the losing side and the result of appeal/s are not expected until next year. Voters in the upcoming November election are not taking into consideration how overturning ACA would affect them. People with preexisting conditions would either be unable to buy health insurance or would only be able to purchase health insurance at much higher premiums. Not only would individuals be impacted by repeal of ACA, other groups affected are hospitals and doctors both of which would face a larger number of bad debts and uncompensated expenses. Additionally the insurance companies might be affected

most of all as they have already had to turn in their rates for the individual market for 2019. It is feared that the elimination of ACA could destabilize the health insurance market.

SOCIAL SECURITY LOCK BOX AMENDMENT

The Social Security and Medicare Lock-Box Act (H.R.1218) has been referred to committee. This bill would have the effect of preventing Congress from accessing any funds in the Social Security Trust Fund. Congress has done this in the past and essentially given the fund IOUs.

CLASSROOM RESOURCES

A source of digital teaching materials is the great courses.com. One example of this is the DVD entitled "Peoples and Cultures of the World." The company has a number of sales during the year. Although the regular price of this title is \$254.95 the sale price is \$24.95.

FORUM WEB SITE: http://www.usforumdkg.org/

CONTACTING YOUR LEGISLATOR

If you wish to contact your senator to express your opinion, you can call the Congressional Switchboard at 1-202-224-3121 [this is not a toll free number]. Another way of contacting your senator is via email or a telephone number which is not toll free both of which are available at https://www.senate.gov/general/contact_information/senators_cfm.cfm

Email access and addresses

http://www.house.gov/ for members of the House of Representatives http://www.senate.gov/ for members of the House of Representatives http://www.senate.gov/ for members of the House of Representatives http://www.senate.gov/

White House 1-202-456-1111

FIVE CONSTITUENT CONTACTS WILL CAUSE A LEGISLATOR TO PAY SERIOUS ATTENTION TO A GIVEN ISSUE.

FORUM FACEBOOK PAGE LINK

For those of you desiring discussion of legislative topics there is a U. S. Forum Facebook page online at http://www.facebook.com/DKG.US.Forum